

REBUILD YOURSELF INC



REBUILD
YOURSELF INC.

SPONSORSHIP PROPOSAL

EXCLUSIVE PROPOSAL FOR VIP
PREMIUM SUPPORTERS



TABLE OF CONTENTS

Introduction	3
Why Partner with us?	4
Sponsorship Tiers	5
Sponsorship Contact	6



INTRODUCTION

Mission:

We provide peer support to adolescents utilizing our three core principles: Embrace - Expand - Empower. This provides self-esteem, confidence, and a deeper understanding of empathy between peers that may feel misunderstood.

About Us:

Rebuild Yourself Inc. is a 501(c)(3) nonprofit organization committed to empowering adolescents through intentional peer support, mentorship, and social-emotional skill building. We exist to provide a safe, inclusive space where teens can thrive—emotionally, mentally, and socially, regardless of their background or life circumstances.

Our mission is to nurture confidence, self-awareness, and resilience in youth by offering interactive, trauma-informed programs that blend life skills development, leadership training, and meaningful connections. Whether it's through virtual wellness sessions, creative expression workshops, or one-on-one peer mentoring, our teens gain tools to navigate the challenges of adolescence with strength and purpose.

We serve a diverse community of young people including those impacted by chronic illness, trauma, or social isolation—through accessible, free programming that meets them where they are. Every activity is designed not only to support personal growth but to foster a lasting sense of belonging, self-worth, and empowerment.

At Rebuild Yourself Inc., we believe every teen deserves the chance to rebuild, rediscover, and rise. We are here to walk alongside them as they grow into the confident, compassionate leaders of tomorrow.

Why We Do What We Do?

Teen mental health is in crisis. According to the CDC, nearly 1 in 3 high school students report experiencing poor mental health, and 1 in 5 have seriously considered suicide. Many teens—especially those facing chronic illness, social isolation, or economic hardship—struggle in silence without access to affordable, youth-friendly support.

At Rebuild Yourself Inc., we believe mental wellness should be free, fun, and accessible to every teen. That's why we create safe, interactive spaces where young people can express themselves, connect with peers, and build confidence through creative programming, virtual sessions, and meaningful peer-to-peer experiences.

We're not just responding to a problem—we're building a movement of hope, healing, and empowerment, one teen at a time.





Why Partner with us?



A Transformative Partnership

Partnering with Rebuild Yourself Inc. means aligning your brand with a mission-driven organization that is transforming the lives of teens through intentional mental wellness programs, creative expression, and authentic peer-to-peer support. We serve adolescents across Central Florida, particularly those who are underserved, medically vulnerable, or navigating trauma—with inclusive, trauma-informed programs that are both accessible and entirely free to families.

Our year-round initiatives include virtual wellness circles, leadership development workshops, hospital-based support sessions, and mentorship programs that address the social, emotional, and developmental challenges teens face today. Many of the youth we serve are balancing chronic illness, anxiety, depression, grief, or social isolation yet they often lack access to traditional support systems.

As a sponsor, you're not only helping us expand this critical work—you're also gaining meaningful, values-based brand visibility through our digital platforms, monthly newsletters, printed materials, and live sessions. You'll be seen by a growing community of engaged families, educators, healthcare partners, and local advocates who care about youth mental health and community empowerment.

Your support is more than charitable giving—it's a statement that your organization believes in building a stronger, healthier, and more resilient generation. Together, we can rewrite the story for countless teens, one connection, one breakthrough, and one safe space at a time.



Together, we can create lasting change!

To our extraordinary sponsors,

Your support is more than just a contribution—it's a lifeline of hope, empowerment, and possibility for the teens we serve across Central Florida. At Rebuild Yourself Inc., we believe in meeting young people where they are and walking beside them as they discover their strength, their voice, and their future. Thanks to your generosity, that vision is not only alive—it's thriving.

Because of you, we've been able to provide free, accessible programs that create safe spaces for teens to connect, grow, and heal. Whether it's through a virtual wellness session, a leadership workshop, or simply having someone to talk to, your sponsorship is directly impacting the lives of young people who need it most.

On behalf of every teen whose life has been touched by your kindness, thank you. You are not just a sponsor. You are a partner in transformation, a champion of mental wellness, and a beacon of hope.

We look forward to all we will continue to build together.

Cynthia Borquing

Founder of Rebuild Yourself Inc
Cynthia@rebuildselfcare.com

Sponsorship Category

We offer a range of sponsorship opportunities designed to fit your goals and budget while maximizing your impact. Whether you're looking to support a specific initiative, provide general program funding, or sponsor technology and supplies for teens, each level comes with meaningful recognition and visibility.

Our sponsorship tiers offer branding benefits across digital and print materials, social media spotlights, and opportunities to be acknowledged in community programming. By choosing a category that fits your organization, you're not only investing in youth empowerment—you're becoming part of a growing movement to prioritize teen mental wellness.

FRIEND

\$500

- Name listed in a newsletter thank-you section
- Logo listed on sponsor section of our website for 6 months
- Group shout-out on social media
- Tax-deductible donation receipt and personalized thank-you email

SUPPORTER

\$1500

- Logo included in one seasonal newsletter post with a thank-you section
- Name and logo listed on sponsor section of our website
- Mention in a social media "Sponsor Appreciation" post
- Recognition in our year-end report

CHAMPION

\$2500

- Organization highlight in a monthly newsletter feature (with logo and short write-up)
- Logo on program flyers, downloadable materials, and sponsor page of our website
- Biannual social media appreciation post
- Recognition during a sponsored virtual session or wellness activity
- Inclusion in our annual donor report
- Thank-you certificate mailed to your business

VISIONARY

\$5000

- Featured spotlight about your organization in a dedicated email newsletter post to our community
- Logo on all printed and digital materials for one year
- Logo and backlink featured on homepage of our website
- Quarterly social media feature posts (Instagram, Facebook, LinkedIn)
- Co-branding opportunity with one of our virtual or in-person teen programs
- Recognition in our annual impact report and donor appreciation campaign
- Personalized thank-you letter and framed certificate of sponsorship

To facilitate a seamless and flexible process, sponsorship contributions may be divided into three equal installments. This structured approach allows sponsors to plan their contributions effectively while ensuring continued support throughout the partnership. Invoices will be issued in alignment with the agreed sponsorship start date, and payment schedules can be customized to meet your organization's financial planning needs.



Thank You for Considering Partnership

Next Steps

We are truly honored by your thoughtful consideration of sponsorship. Your dedication to uplifting teens and creating meaningful change in our community reflects the very heart of our mission. By partnering with us, you're not just supporting a program, you're investing in brighter futures, stronger minds, and the next generation of leaders.

If you have any questions or would like to explore a customized sponsorship package tailored to your goals, we welcome the opportunity to connect. Your support is more than a gift—it's a spark that ignites confidence, resilience, and transformation in the lives of young people. Thank you for being a catalyst for change. Together, we can build something extraordinary.

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